

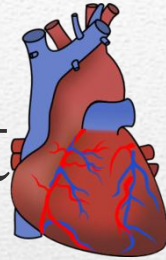


CPR

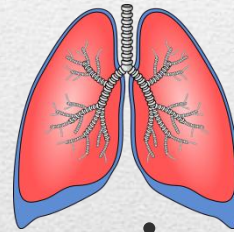
https://www.youtube.com/watch?v=JRoSAkeV_Qc

• Cardiopulmonary Resuscitation

• Cardio = heart



• Pulmonary = lungs



• Resuscitation = to revive

Definition



- Non-latex Gloves
- Face Mask



First Aid Kits

- AED

- Automatic External Defibrillator

- Analyzes the heart's rhythm.
- If necessary, delivers an electrical shock, known as defibrillation, which helps the heart re-establish an effective rhythm.



First Aid Kits

- When you turn 18, it is your legal duty to call 911!



Minnesota's Good Samaritan Law

<https://www.revisor.mn.gov/statutes/?id=604a.01>

- A person at the scene of an emergency who knows that another person is exposed to or has suffered grave physical harm shall, to the extent that the person can do so without danger or peril to self or others, give reasonable assistance to the exposed person.

Duty to Assist



- A person who renders emergency care, advice, or assistance without compensation, at the scene of an emergency or during transit is NOT liable for any civil damages



General Immunity from Liability

- Sudden Cardiac Event
- Un-responsive victim-not breathing and no pulse.
 - Not Breathing
 - No Pulse



Who Needs CPR?

CPR is as easy as **C-A-B**



Compressions

Push hard and fast
on the center of
the victim's chest



Airway

Tilt the victim's head
back and lift the chin
to open the airway



Breathing

Give mouth-to-mouth
rescue breaths

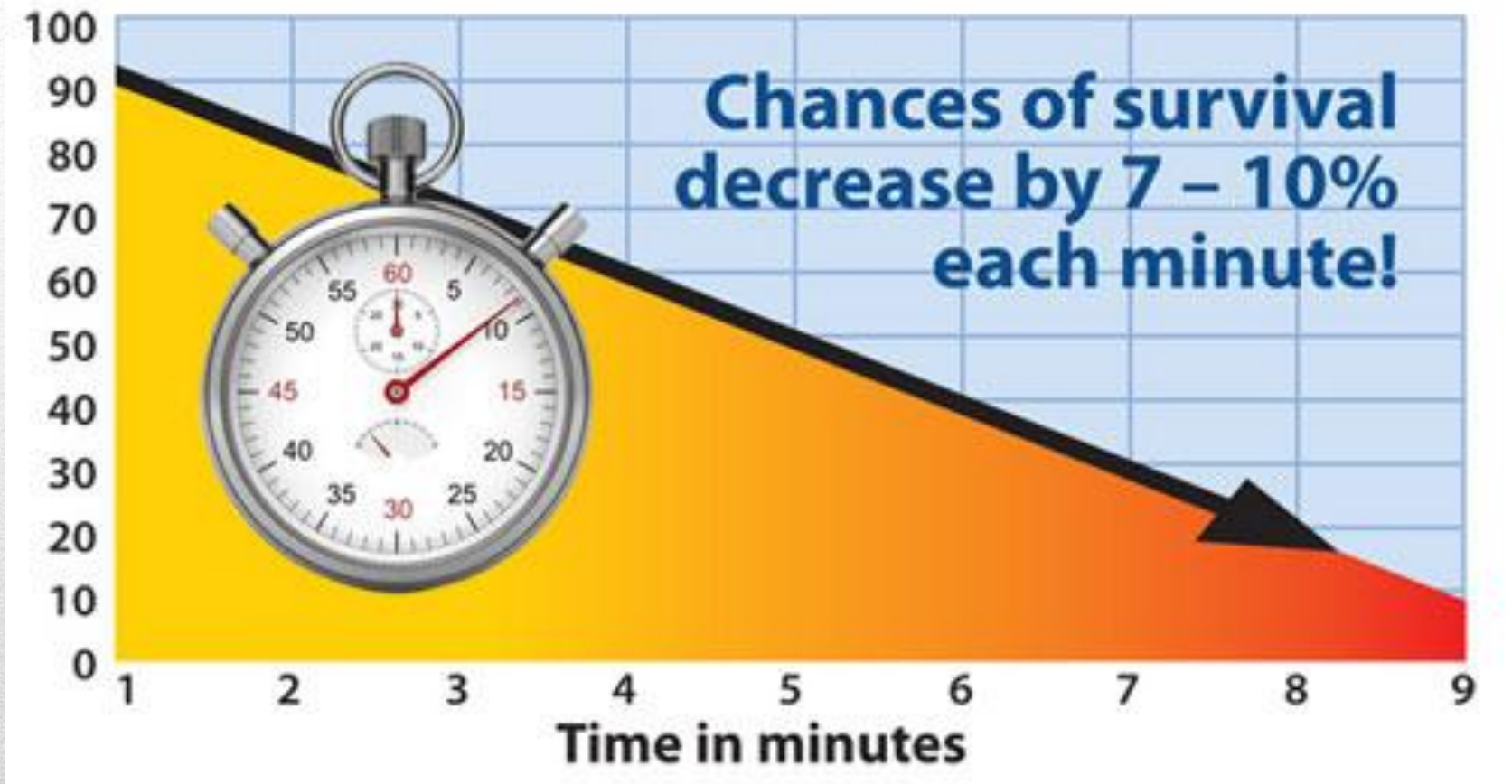
American Heart
Association



Learn and Live

- C = Compressions: give 30 at a rate of 100+ per minute
- A = Airway (open)
 - Head tilt, chin lift method
 - Jaw thrust method
- B = Breathing (give two mouth to mouth breaths, chest rises)

CAB's for Infant ,Child, & Adult



Minutes until Defibrillation

2 STEPS TO SAVE A LIFE:

1

Call 911

2

Push
hard &
fast in the
center of the
chest

**LISTEN
NOW!**



Hands-Only C.P.R.

<https://www.youtube.com/watch?v=n5hP4DIBCEE>